Most cars provides a panic alarm system. You will want to test it to be sure, however, it should go off from most everywhere inside your house.

If this is the case, keep your car keys beside your bed at night.

If you hear someone trying to get in, or actually in your house, just press the panic button for your car. The alarm will be set off, and the horn will sound. The sudden alarm may scare off the burglar as well as alerting the neighbors that something is going on.

Remember to keep your hand on your keys while walking to your car in public areas. The alarm could work for you the same way.