

# NORTH BEACH!



**IF YOU HAVE AN EMERGENCY, PLEASE CALL 911!**

## **IF YOUR NEED IS NOT AN EMERGENCY, BUT WORRISOME, PLEASE REACH OUT!**

- Are you elderly, disabled or housebound?
- Is your food supply low?
- Do you need a medication and aren't able to get to the store?
- Do you need information but aren't sure where to find it?

## **IF YOU WOULD LIKE TO VOLUNTEER, PLEASE REACH OUT!**

- Are you able to go to the store for someone in need?
- Do you have a large supply of grocery items and are willing to share?
- Are you willing to look out for your neighbors?



**301-855-6681**



**info@northbeachmd.org**