TOWN OF NORTH BEACH RESOLUTION No. 22-01



A RESOLUTION FOR THE TOWN OF NORTH BEACH TO TAKE ACTION TO ACHIEVE ITS GREATEST COMMUNITY HEALTH POTENTIAL AND PROMOTE SUSTAINABLE HEALTHY LIVING FOR ALL ITS RESIDENT FAMILIES

WHEREAS, Community health and sustainable healthy living improves physical and mental health, quality of life, and provides economic and environmental benefits to resident families and the community; and

WHEREAS, Strong and healthy communities have:

- a. **sustainable built environments** that make it easy for people to get and stay healthy,
- b. **strong community public health networks** aligned around common goals to prevent illness, promote health, and address emerging health risks
- c. **systems to address health disparities** by promoting inclusive policies that identify barriers and create equitable solutions for access to better health for all; and

WHEREAS, North Beach can reach its greatest health potential by improving the healthy choices and contexts in which resident families and visitors live, learn, work, and play.

NOW, THEREFORE, BE RESOLVED BY THE COUNCIL FOR THE TOWN OF NORTH BEACH:

- 1. Hereby affirm the commitment toward creating actions to achieve the greatest community health potential
- 2. Hereby establish a *Committee for Promotion of Community Health and Sustainable Healthy Living* to create, expand, and implement broad-based community health initiatives.
- 3. Hereby pledge to support and promote local policies through this new committee to strengthen community health, including but not limited to:
 - a. Assessing and expanding active living supportive physical infrastructure for walking, biking, and pedestrian safety, outdoor public fitness options for all ages and abilities, safe and accessible recreational water access, and activities
 - b. Addressing priority issues such as nutrition, mental health, physical activity through public and private partnerships, public information campaigns and educational outreach, addressing long term and emerging health risks to prevent disease and promote health, strengthen local health data to inform policy
 - c. Addressing health disparities identify specific barriers to achieving better health, improve health equity among vulnerable populations such as children and older residents
- 4. Hereby pledge, as an employer, to develop and implement, in coordination with staff, a set of workplace policies for the promotion of health and access to meaningful healthy options.

AND BE IT ALSO FURTHER RESOLVED that this Resolution shall take effect from the date of its passage by the Town Council.

READ AND ADOPTED ON THIS 13th DAY OF JANUARY 2022.

By Order of the Town Council of The Town of North Beach

DocuSigned by:

Mike Benton, Mayor

CERTIFICATION

I, hereby certify, as the duly appointed Town Clerk for the Town of North Beach, Maryland, that on the 13^{TH} day of JANUARY $\underline{2022}$ with $\underline{6}$ aye votes and $\underline{0}$ nay votes.

DocuSigned by:

Stacy Milos

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Stacy W. Milor, Town Clerk